



Community Navigator

What is Navigation?

- Navigation at NBIS serves to link people affected by brain injury to both formal and informal resources.
- Focuses on identifying and serving the needs of the client and caregiver as a unique individual.
- A Holistic Approach of addressing social, psychosocial, emotional, and spiritual needs of a client and the design of a plan that best fits their goals, values and resources.

The Community Navigator Program is a non-medical support service that helps people affected by ABI and their caregivers by:

- Providing non-medical client assessment and joint identified actions
- Empowering ABI clients and caregivers to self-manage their recovery through peer support programs, group and individual education, supported decision-making and goal-setting
- Ongoing case management, if required
- Answering questions asked by individuals surviving an ABI and their caregivers and help them navigate the health care system
- Linking them to resources and programs to assist with their recovery
- Assisting with self-management strategies to manage their ABI and caregiving roles
- Providing opportunity to attend peer support programs and education sessions for both the person who had the brain injury and the caregiver
- Connecting with local support, community and education programs
- Follow up phone support/availability (at 3 months)

How to Enrol:

To learn more about the Navigator Program you can:

1. call Mick Timbrell at 250-753-5600 Ext. 203
2. email mick@nbis.ca
3. text 250-268-3959
4. visit our office during [opening hours](#).

To download a referral form click [HERE](#). Referral forms can be faxed or brought into the NBIS office.

Tags:

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