



Our Staff at NBIS

We are a small team dedicated to helping individuals with acquired brain injuries and their family and friends.

[kixmini.jpg](#)



Kix Citton, Executive Director

With over 20 years of working with non-profit organizations in Canada and overseas, Kix brings a passion for innovation, collaboration and inclusive leadership. Her experience in program development, evaluation, grant writing, and community development are assets she brings to NBIS. She completed her degree in Health and Community Services at the University of Victoria. Kix helped found a successful non-profit service co-operative and sits on their Board of Directors. When not in the office, you will likely find Kix in her garden or paddling out on the water.

[susanmini.jpg](#)



Susan Norris, Admin Manager

Susan's 20 year background as Logistics Coordinator for a Wilderness camp serving youth-at-risk provided many rich opportunities for developing the administrative and organizational skills that serve her well today. A recent graduate of VIU's ABT program, Susan brings to NBIS a specialty in accounting. Further, Susan enjoys sharing her administrative skills and knowledge with volunteers seeking to gain confidence in an office environment. Susan feels her heart is best served working with non-profit agencies, and she is very happy to have landed at NBIS.

[mickmini.jpg](#)



Mick Timbrell, Navigator Program

Mick has been a resident of the amazing city of Nanaimo for over 23 years. He brings experience in working with people facing a variety of challenges, such as mental health issues and homelessness. Mick completed his Bachelor of Social Work degree at Vancouver Island University. He is also an active volunteer in the community in his role as a lay-counselor. Mick is passionate about helping others and carries that passion over in working with those that have incurred a brain injury.

[adriennemini.jpg](#)



Adrienne Bennest, Education & Community Liaison

After living abroad in Southern France for 13 years Adrienne is excited to be back on Vancouver Island and becoming involved in her new community. A graduate from the University of Victoria with a Bachelor of Education Adrienne has always felt passionate about working with people and helping them reach their maximum potential. Adrienne loves connecting with the public and has worked for the last 20 years in various retail, community, and service industry positions. Her hope is to draw upon her experiences working with youth and athletics to further promote NBIS's mission.

[ardithmini.jpg](#)



Ardith Finnamore, Volunteer Coordinatator

In 2013, Ardith made a life-changing decision, she left a viable career to follow a path of helping others. With this aim in mind, she completed a Bachelor's of Arts Honors Psychology Program and is currently working on a Master's Degree on Interdisciplinary Studies with a focus on ageing and dementia. While pursuing her studies, she had the opportunity to work and volunteer with many non-profit organizations. As a recent resident of Nanaimo, Ardith has just recently moved to Nanaimo. Ardith has fallen in love with the community. She is delighted to join NBIS and hopes to create a vibrant and meaningful environment that will facilitate the growth and empowerment of NBIS volunteers.