



NANAIMO BRAIN
INJURY SOCIETY

awareness • support • connection

Volunteer

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Volunteer Programs:

NBIS volunteers are vital in enriching the lives of our clients and supporting our organization. Without volunteers we would not be able to offer programs to people in our community who are living with an Acquired Brain Injury (ABI).

Below is a list of the various volunteer opportunities currently available. We are constantly expanding and developing our volunteer programs, so please check in with us regularly.

Volunteer Opportunities- [Peer Support Program](#)

. Peer Support Visitation Volunteer

- Volunteers work in the Nanaimo Regional General Hospital (NRGH) Inpatient Rehab Unit &

Intensive Outpatient Rehabilitation Program where they provide peer support during one-to-one visits with patients who have an ABI

- Time commitment is 2 hours/week, Tuesday – Thursday, minimum period of 6 months
- Minimum Requirement: All volunteers must be at least 21 years old and have lived experience with an ABI

. Peer Support Coffee Group Volunteer

- Volunteers work in the Nanaimo Regional General Hospital (NRGH) Inpatient Rehab Unit where they provide peer support during a coffee drop-in to patients who have an ABI
- Time commitment is 2 hours, 2:00 – 4:00, every other Thursday, minimum period of 6 months
- Minimum Requirement: All volunteers must be at least 21 years old and have lived experience with an ABI

. Peer Support Coffee Drop-In Volunteer

- Volunteers work in the NBIS Lounge where they provide a caring ‘listening ear’ to clients who have dropped-in for coffee, conversation and activities.
- Time commitment is 9:30 – noon, Thursdays, minimum period of 6 months
- Minimum Requirement: All volunteers must be at least 21 years old and have lived experience with an ABI

. Life After Brain Injury: Facilitated Peer Support & Education *Coming soon!*

- Volunteers work with NBIS staff to provide education classes.
- Time commitment is 2 hours per week, minimum period of 6 months
- Minimum Requirement: All volunteers must be at least 21 years old and have lived experience with an ABI

If you are interested in becoming a NBIS volunteer contact our Volunteer Coordinator for an interview. Please call 250-753-5600 Ext. 2, email volunteers@nbis.ca, or submit a volunteer application to the NBIS office during opening hours.

To download a volunteer application click [HERE](#).

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Board of Directors:

For those with an interest in governance and community development, sitting on our Board of Directors can be a very rewarding experience. The Board of Directors is made up of a committed group of volunteers from the community who share the mission and vision of NBIS and are responsible for its well-being. This includes the areas of strategic planning, human resources planning, financial health, and community relations. As a board member, you'll have the opportunity to develop and broaden your leadership skills, gain experience working in the non-profit sector, and give back to the community in which you live and work. Members of the Board come from many different backgrounds, this may include retired community members, brain injury survivors, professors/educators, and finance/legal/health care professionals. To see our current Board of Directors click [HERE](#).

For an informal conversation about becoming a board member, call 250 753-5600 Ext. 6, email ed@nbis.ca, or submit a board application to the NBIS office during opening hours.

To download a board application form click [HERE](#).

Tags:

[How to Help](#)